

2007 Northern Athletics Conference Indoor T&F Championships

EZ T&F 1990-2006

Seeding by Kreppert Kompusport Software (630) 882-2364

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Men 55 Meter Dash

1	Geoffrey Gipson • Concordia Chicago	6.64
2	Chad Williams • Concordia WI	6.66
3	Ryan Timm • Wisconsin Lutheran	6.68
4	Robert Sanford • Benedictine	6.70
5	Milton Moses • Concordia Chicago	6.77
6	Xavier Dyer • Concordia WI	6.82
7	Cody Leamen • Benedictine	6.89
8	Daniel Hamilton • Concordia WI	6.95
9	Matt Kunz • Benedictine	7.05
10	James Pettis • Concordia Chicago	7.11
11	Ryan Cashmore • Concordia WI	7.11
12	Tom Dietrich • Wisconsin Lutheran	7.25
13	Cam Wash • Wisconsin Lutheran	7.29
14	Tony Summers • Edgewood	7.45
15	William Richardson • Edgewood	7.80
16	Ricardo Levy • Concordia WI	NT
17	Jason McClelland • Concordia WI	NT

Women 55 Meter Dash

1	Janeen Corbin • Concordia WI	7.71
2	Stacey Sara • Benedictine	8.06
3	Kim Bahr • Concordia WI	8.12
4	Jaclyn Ventimiglia • Concordia WI	8.18
5	Ashton Holman • Concordia Chicago	8.28
6	Kristen Droste • Benedictine	9.38
7	Ashley Hoffmann • Edgewood	9.55
8	Katy Peavy • Wisconsin Lutheran	NT

Men 200 Meter Dash

1	Geoffrey Gipson • Concordia Chicago	23.08
2	Jeremy Streater • Concordia Chicago	23.68
3	Ryan Timm • Wisconsin Lutheran	23.83
4	Robert Sanford • Benedictine	23.89
5	Milton Moses • Concordia Chicago	24.39
6	James Pettis • Concordia Chicago	24.41
7	Chad Williams • Concordia WI	24.52
8	Cody Leamen • Benedictine	24.55
9	Joseph Tregallas • Concordia WI	24.81
10	Matt Waite • Aurora	24.84
11	Aaron Smith • Aurora	24.89
12	Tom Dietrich • Wisconsin Lutheran	25.39
13	Tony Summers • Edgewood	26.56
14	Stu Johnson • Concordia WI	26.85
15	William Richardson • Edgewood	27.91
16	Brandon Wales • Wisconsin Lutheran	NT
17	Ricardo Levy • Concordia WI	NT
18	Craig Mariano • Aurora	NT
19	Trevor Hess • Concordia WI	NT
20	Cam Wash • Wisconsin Lutheran	NT
21	Xavier Dyer • Concordia WI	NT
22	Jason McClelland • Concordia WI	NT
23	Eric Ulm • Wisconsin Lutheran	NT
24	Ben Lease • Edgewood	NT
25	Daniel Hamilton • Concordia WI	NT

Women 200 Meter Dash

1	Stacey Sara • Benedictine	28.59
2	Whitney Young • Concordia WI	29.09
3	Jaclyn Ventimiglia • Concordia WI	29.97
4	Katy Peavy • Wisconsin Lutheran	30.01
5	Megan Cinto • Aurora	30.71
6	Ashton Holman • Concordia Chicago	30.71
7	Sam Sturomski • Wisconsin Lutheran	30.91
8	Ashley White • Concordia WI	31.34
9	Laurie Dexter • Wisconsin Lutheran	31.54
10	Lizzie Gonstead • Edgewood	32.14
11	Rachel Riske • Concordia Chicago	32.7
12	Elizabeth George • Benedictine	32.80
13	Kelsey Symonds • Rockford	32.87
14	Kristen Droste • Benedictine	33.98
15	Ashley Hoffmann • Edgewood	36.37
16	Sarah Bossard • Concordia Chicago	37.0
17	Janeen Corbin • Concordia WI	NT
18	Raelyn Tagai • Concordia Chicago	NT
19	Kim Bahr • Concordia WI	NT

Men 400 Meter Dash

1	Jeremy Streater • Concordia Chicago	52.31
2	Aaron Smith • Aurora	53.51
3	David Mathew • Aurora	53.62
4	Mark Hering • Concordia WI	53.77
5	Mike Berry • Benedictine	54.74
6	Matt Kunz • Benedictine	56.46
7	Andy Rawlsky • Concordia WI	56.96
8	Paul Rosin • Concordia WI	57.80
9	Eric Ulm • Wisconsin Lutheran	NT
10	Jeff Fellers • Aurora	NT
11	Brandon Wales • Wisconsin Lutheran	NT
12	Ben Lease • Edgewood	NT
13	Craig Mariano • Aurora	NT
14	Tyler Schroeder • Wisconsin Lutheran	NT
15	David Kraase • Concordia WI	NT
16	Joshua Weber • Concordia WI	NT
17	Travis Quigley • Aurora	NT
18	Jake Jaehnke • Wisconsin Lutheran	NT

Women 400 Meter Dash

1	Whitney Young • Concordia WI	1:04.19
2	Megan Cinto • Aurora	1:07.84
3	Rachel Kleinschmit • Wisconsin Lutheran	1:08.37
4	Rachel Riske • Concordia Chicago	1:10.67
5	Vanessa Soda • Concordia WI	1:12.72
6	Leann Burmeister • Rockford	1:13.18
7	Kelsey Symonds • Rockford	1:15.18
8	Angelina Pane • Concordia WI	1:20.81
9	Jessica Hjort • Concordia WI	NT
10	Jennifer Murray • Benedictine	NT
11	Ruth Brown • Wisconsin Lutheran	NT
12	Lizzie Gonstead • Edgewood	NT
13	Nora Becker • Benedictine	NT

Men 800 Meter Run

1 David Mathew • Aurora	2:02.75
2 Joshua Wheeler • Concordia WI	2:07.37
3 Joe Lutzow • Concordia Chicago	2:07.90
4 Scott Anderson • Aurora	2:08.26
5 Alex Arman • Benedictine	2:09.76
6 Dan Schaaf • Edgewood	2:19.92
7 Derek Babson • Aurora	NT
8 Jake Jaehnke • Wisconsin Lutheran	NT
9 Matt Lindgren • Rockford	NT
10 Sanders Crosby • Rockford	NT
11 Jeremy Bilitz • Wisconsin Lutheran	NT
12 Tyler Schroeder • Wisconsin Lutheran	NT

Women 800 Meter Run

1 Ashley Vana • Concordia WI	2:31.88
2 Hannah Miller • Benedictine	2:31.88
3 Fran Sikorski • Aurora	2:32.88
4 Emily Muther • Concordia WI	2:46.21
5 Michele Duplancich • Benedictine	3:02.45
6 Allison Zappa • Wisconsin Lutheran	NT
7 Rachel Kleinschmit • Wisconsin Lutheran	NT
8 Rachel Riske • Concordia Chicago	NT
9 Kristen Renninger • Aurora	NT

Men Mile Run

1 Micah Lorenzen • Concordia WI	4:26.28
2 Chad Zeman • Rockford	4:28.93
3 Zach Shiels • Wisconsin Lutheran	4:42.64
4 Joe Lutzow • Concordia Chicago	4:45.78
5 Jake Schlueter • Aurora	4:47.31
6 Eric Locke • Concordia WI	4:49.00
7 Alex Arman • Benedictine	4:50.63
8 Rob Fry • Rockford	5:23.82
9 Daniel Ponce • Benedictine	5:34.72
10 Dan Schaaf • Edgewood	5:37.0

Women Mile Run

1 Fran Sikorski • Aurora	5:36.93
2 Hannah Miller • Benedictine	5:45.03
3 Ashley Vana • Concordia WI	5:48.03
4 Kristen Renninger • Aurora	5:59.88
5 Emily Muther • Concordia WI	6:06.80
6 Nicole Cabe • Rockford	6:58.83
7 Allison Zappa • Wisconsin Lutheran	NT
8 Beth Munkwitz • Concordia Chicago	NT
9 Beth Windschitl • Wisconsin Lutheran	NT

Men 3000 Meter Run

1 Chad Zeman • Rockford	9:01.32
2 Micah Lorenzen • Concordia WI	9:04.18
3 Zach Shiels • Wisconsin Lutheran	9:22.29
4 Tony Hardin • Rockford	9:33.87
5 Neal Miller • Wisconsin Lutheran	9:42.14
6 Derek Kieninger • Concordia Chicago	9:42.19
7 Eric Locke • Concordia WI	9:44.98
8 Jake Schlueter • Aurora	9:44.98
9 Kevin Peters • Aurora	10:20.87
10 Dan Oryall • Edgewood	10:45.0
11 Rick Burke • Benedictine	11:13.67

Women 3000 Meter Run

1 Fran Sikorski • Aurora	11:09.86
2 Ashley Vana • Concordia WI	11:48.43
3 Morgan Jacqueline • Aurora	11:59.54
4 Beth Windschitl • Wisconsin Lutheran	12:06.68
5 Christy Heintz • Edgewood	12:25.0
6 Kate Korzeniewski • Benedictine	12:43.27
7 Allison Shopinski • Aurora	13:19.59
8 Allison Zappa • Wisconsin Lutheran	NT
9 Bethany Bitter • Wisconsin Lutheran	NT
10 Emily Muther • Concordia WI	NT

Men 5000 Meter Run

1 Micah Lorenzen • Concordia WI	15:08.74
2 Zach Shiels • Wisconsin Lutheran	16:19.94
3 Eric Locke • Concordia WI	17:27.08
4 Neal Miller • Wisconsin Lutheran	17:28.05
5 Kevin Peters • Aurora	NT
6 Dan Oryall • Edgewood	NT
7 Derek Kieninger • Concordia Chicago	NT
8 Jeremy Bilitz • Wisconsin Lutheran	NT
9 Jake Schlueter • Aurora	NT
10 Tyler Schroeder • Wisconsin Lutheran	NT
11 Jake Jaehnke • Wisconsin Lutheran	NT

Women 5000 Meter Run

1 Ruth Brown • Wisconsin Lutheran	22:09.46
2 Ashley Vana • Concordia WI	NT
3 Allison Zappa • Wisconsin Lutheran	NT
4 Emily Muther • Concordia WI	NT
5 Bethany Bitter • Wisconsin Lutheran	NT
6 Morgan Jacqueline • Aurora	NT
7 Allison Shopinski • Aurora	NT
8 Christy Heintz • Edgewood	NT

Men 55 Meter Hurdles

1 Ryan Chartrand • Benedictine	8.16
2 Travis Quigley • Aurora	8.34
3 Matt Moeller • Wisconsin Lutheran	8.42
4 Mark Hering • Concordia WI	8.46
5 Paul Rosin • Concordia WI	8.50
6 Jeff Fellers • Aurora	NT
7 Matt Waite • Aurora	NT
8 John Oakley • Aurora	NT
9 Ben Lease • Edgewood	NT

Women 55 Meter Hurdles

1 Stacey Sara • Benedictine	9.25
2 Ashton Holman • Concordia Chicago	9.67
3 Sam Sturomski • Wisconsin Lutheran	10.23
4 Jessica Hjort • Concordia WI	10.40
5 Elizabeth George • Benedictine	NT
6 Ashley White • Concordia WI	NT
7 Raelyn Tagai • Concordia Chicago	NT

Men Distance Medley Relay

1 Concordia WI	11:09.88
2 Rockford	11:10.73
3 Aurora	NT
4 Benedictine	NT
5 Wisconsin Lutheran	NT

Women Distance Medley Relay

1	Aurora	14:32.92
2	Wisconsin Lutheran	14:43.95
3	Benedictine	NT

Men 4x400m Relay

1	Aurora	3:37.29
2	Benedictine	3:43.94
3	Concordia WI	3:45.19
4	Rockford	3:53.27
5	Concordia Chicago	NT
6	Wisconsin Lutheran	NT

Women 4x400m Relay

1	Concordia WI	4:34.46
2	Aurora	4:53.86
3	Benedictine	NT
4	Concordia Chicago	NT
5	Wisconsin Lutheran	NT
6	Rockford	NT

Men Long Jump

1	Milton Moses • Concordia Chicago	6.70m
2	Kasiem Duran • Concordia WI	6.42m
3	Jason McClelland • Concordia WI	6.35m
4	Joshua Weber • Concordia WI	5.80m
5	Matt Waite • Aurora	5.74m
6	Ricardo Levy • Concordia WI	5.67m
7	John Oakley • Aurora	ND
8	Xavier Dyer • Concordia WI	ND
9	Pierre Nealon • Aurora	ND
10	Trevor Hess • Concordia WI	ND
11	David Kraase • Concordia WI	ND
12	Ryan Chartrand • Benedictine	ND
13	Eric Ulm • Wisconsin Lutheran	ND
14	Craig Mariano • Aurora	ND
15	Joseph Tregallas • Concordia WI	ND
16	Cody Leamen • Benedictine	ND
17	Matt Moeller • Wisconsin Lutheran	ND

Women Long Jump

1	Janeen Corbin • Concordia WI	5.16m
2	Whitney Young • Concordia WI	ND
3	Katy Peavy • Wisconsin Lutheran	ND
4	Samantha Bloxdorf • Concordia WI	ND
5	Sam Sturomski • Wisconsin Lutheran	ND
6	Megan Cinto • Aurora	ND
7	Kristen Renninger • Aurora	ND
8	Laurie Dexter • Wisconsin Lutheran	ND
9	Jessica Hjort • Concordia WI	ND
10	Fran Sikorski • Aurora	ND

Men Triple Jump

1	Ricardo Levy • Concordia WI	12.45m
2	Matt Waite • Aurora	11.99m
3	Joseph Tregallas • Concordia WI	11.87m
4	John Oakley • Aurora	10.97m
5	Stu Johnson • Concordia WI	10.75m
6	Milton Moses • Concordia Chicago	ND
7	Matt Moeller • Wisconsin Lutheran	ND
8	Pierre Nealon • Aurora	ND
9	Craig Mariano • Aurora	ND
10	Matthew Oldenberg • Concordia WI	ND
11	Mark Hering • Concordia WI	ND

Women Triple Jump

1	Samantha Bloxdorf • Concordia WI	10.06m
2	Janeen Corbin • Concordia WI	10.03m
3	Maureen Bennett • Aurora	ND
4	Sam Sturomski • Wisconsin Lutheran	ND
5	Sarah Brennan • Aurora	ND

Men Shot Put

1	Adrian Kibiersza • Aurora	15.21m
2	Patrick McClendon • Concordia Chicago	14.29m
3	Justin Harmon • Aurora	13.50m
4	Rick LaFleur • Wisconsin Lutheran	12.90m
5	Tyler Burke • Benedictine	12.50m
6	Matt Wilkin • Benedictine	12.45m
7	Ryan Cashmore • Concordia WI	12.16m
8	Kyle Schulz • Benedictine	11.91m
9	Chris Berry • Aurora	11.80m
10	Pete Sgarbossa • Benedictine	11.70m
11	Pete Thompson • Benedictine	10.71m
12	Matt Arentsen • Wisconsin Lutheran	10.48m
13	Matthew Oldenberg • Concordia WI	09.95m
14	Eric Ulm • Wisconsin Lutheran	ND
15	Ryan Timm • Wisconsin Lutheran	ND

Women Shot Put

1	Alex Foss • Concordia WI	11.58m
2	Samantha Bloxdorf • Concordia WI	10.78m
3	Sarah Brennan • Aurora	10.74m
4	Emily Goss • Wisconsin Lutheran	09.69m
5	Nichole Greening • Aurora	08.82m
6	Penny Bournas • Benedictine	08.49m
7	Katie Campogni • Concordia Chicago	08.20m
8	Tiphany Wiley • Wisconsin Lutheran	07.47m
9	Shannon Schauwitzer • Wisconsin Lutheran	06.78m
10	Sarah Bossard • Concordia Chicago	06.22m
11	Katie Kloess • Concordia Chicago	ND
12	Angelina Pane • Concordia WI	ND

Men Weight Throw

1	Matt Wilkin • Benedictine	16.02m
2	Pete Sgarbossa • Benedictine	13.46m
3	Devin Montgomery • Benedictine	12.77m
4	Adrian Kibiersza • Aurora	12.72m
5	Rick LaFleur • Wisconsin Lutheran	12.16m
6	Justin Harmon • Aurora	12.12m
7	Ryan Cashmore • Concordia WI	12.03m
8	Quarandus Taylor • Benedictine	11.88m
9	Kyle Schulz • Benedictine	11.23m
10	Tyler Burke • Benedictine	10.96m
11	Chris Berry • Aurora	10.14m
12	Blaine Welch • Wisconsin Lutheran	09.36m
13	Matt Arentsen • Wisconsin Lutheran	08.99m
14	Pete Thompson • Benedictine	ND
15	Matthew Oldenberg • Concordia WI	ND

Women Weight Throw

1	Sarah Brennan • Aurora	13.23m
2	Alex Foss • Concordia WI	11.87m
3	Emily Goss • Wisconsin Lutheran	11.33m
4	Samantha Bloxdorf • Concordia WI	10.85m
5	Penny Bournas • Benedictine	10.43m
6	Nichole Greening • Aurora	09.55m
7	Shannon Schauwitzer • Wisconsin Lutheran	06.73m
8	Tiphonie Wiley • Wisconsin Lutheran	06.73m

Men High Jump

1	John Oakley • Aurora	1.88m
2	Jason McClelland • Concordia WI	1.83m
3	Ricardo Levy • Concordia WI	1.77m
4	Kris Zemble • Concordia WI	1.77m
5	Daniel Hamilton • Concordia WI	1.72m
6	Matt Moeller • Wisconsin Lutheran	NH
7	Travis Quigley • Aurora	NH
8	Matt Waite • Aurora	NH
9	Tom Dietrich • Wisconsin Lutheran	NH

Women High Jump

1	Janeen Corbin • Concordia WI	1.48m
2	Fran Sikorski • Aurora	NH
3	Kim Bahr • Concordia WI	NH
4	Laurie Dexter • Wisconsin Lutheran	NH
5	Sam Sturomski • Wisconsin Lutheran	NH
6	Samantha Bloxdorf • Concordia WI	NH
7	Vanessa Soda • Concordia WI	NH

Men Pole Vault

1	Jeff Fellers • Aurora	4.10m
2	Matt Moeller • Wisconsin Lutheran	4.07m
3	Ryan Webster • Benedictine	NH
4	Aaron Smith • Aurora	NH

Women Pole Vault

1	Laurie Dexter • Wisconsin Lutheran	2.68m
2	Vanessa Soda • Concordia WI	2.13m